

## **Cha Cha Slide**

Choreographed by Mr. C

**Description:** Phrased, 4 wall, beginner line dance

**Music:** *Cha-Cha Slide Part II (Radio Edit)* by Casper

*There is no official sheet for this dance. Similar to "Superman" by Black Lace or "The Time Warp", you simply do what the song tells you to do. Below is a guide to the basic routine but be warned you have to listen because it changes*

### **PART A**

#### **"TO THE LEFT NOW": GRAPEVINE LEFT WITH TOUCH**

1-2 Step left to side, cross right behind left

3-4 Step left to side, touch right together

#### **"TAKE IT BACK NOW": STROLL BACK WITH TOUCH**

1-2 Step right back, step left back

3-4 Step right back, touch left together

*Option: try mashed potato steps back, or a rolling turn back*

#### **"ONE HOP THIS TIME": HOP FORWARD**

1 Hop right forward and hitch left knee

*Option: if you don't like to hop you can scoot forward on both feet*

*The amount of hops Casper will ask you to do will vary*

#### **"RIGHT FOOT LET'S STOMP": RIGHT STOMP FORWARD**

1 Stomp right forward

*Option: you can spread your arms to add attitude with each stomp*

#### **"LEFT FOOT LET'S STOMP": LEFT STOMP FORWARD**

1 Stomp left forward

*Option: you can spread your arms to add attitude with each stomp*

*The amount of stomps Casper will ask you to do will vary*

#### **"NOW CHA-CHA": JAZZ BOX (WITH ATTITUDE)**

1-2 Cross right over left, step left back

3-4 Step right to side, step left forward

*Option: you can do mambo rocks, or anything else you feel fits*

*Casper will ask you twice or more so keep listening*

#### **"TURN IT OUT" OR "LET'S GO TO WORK": TURN ¼ LEFT INTO GRAPEVINE RIGHT WITH TOUCH**

1 Turn ¼ left and step right to side

2-4 Cross left behind right, step right to side, touch left together

#### **"CLAP": HAND CLAPS**

1-16 Hold

*Clap your hands in time with the music*

*Option: some people like walk around while doing their claps*

#### **"CRISS CROSS": JUMP APART, JUMP & CROSS**

1-2 Jump feet apart, jump feet together crossing right over left

#### **"SLIDE TO THE LEFT": LEFT SLIDE**

1-2 Step left to side, slide/touch right together

*In part of the track Casper will ask you to "reverse" the slide steps*

#### **"SLIDE TO THE RIGHT": RIGHT SLIDE**

1-2 Step right to side, slide/touch left together

*In part of the track Casper will ask you to "reverse" the slide steps*

**"HOW LOW CAN YOU GO": LIMBO / TWIST DOWN**

1-16 Limbo / twist down

*Make sure you can get up again*

**"BRING IT TO THE TOP": STAND UP WAVING ARMS**

1-16 Rise arms up waving to the beat

**"HANDS ON YOUR KNEES": KNEE KNOCKS**

1-8 Knock knees together, criss crossing hands on knees

**"CHARLIE BROWN": CHARLIE BROWN**

*There is some confusion over what is required at this part of the track some people rock forward and back.*

*Some people do nothing*

*Max Perry told us that, socially it has been a term used by African Americans describing a white person's lack of rhythm when they dance. The actual dance step is a jump or "Jazz Jump" (2 footed jump). In the Cha-cha Slide, the jumps can be forward and back, or from left to right while nodding your head, or turning your head from side to side*

**"FREEZE": STRIKE A POSE:** Strike a pose and freeze